

Tridentine Community News

February 15, 2015 – Quinquagésima Sunday

Shorter Visits to the Blessed Sacrament

Last week's column mentioned the benefits to be gained from making a Holy Hour. Holy Mother Church does not require us to spend that much time in Eucharistic Adoration, however. Even short visits to the Blessed Sacrament have always been encouraged. Consider stopping by a nearby church or adoration chapel on your way to or from work, on your lunch hour, or during your errands.

A Partial Indulgence is granted to the faithful who visit the Blessed Sacrament for Adoration for any amount of time; no particular prayer or action is required. Even the briefest of visits qualifies.

If you have 15-20 minutes, you can gain a Plenary Indulgence by praying the Holy Rosary in a church, privately or with a group, under the usual conditions of Confession with 20 days, reception of Holy Communion [within a small number of days], prayer for the Holy Father's intentions, and freedom from attachment to sin. Praying the Rosary before the Blessed Sacrament is a beautiful form of devotion.

If you're looking for shorter prayers to offer, a Partial Indulgence is granted to those who "offer any duly approved prayer to Jesus present in the Blessed Sacrament (e.g., the *Adóro Te Devóte*, the prayer *O Sacrum Convívium*, or the *Tantum Ergo*)". The above quote and the approved texts below for the latter two are from the *Enchrídon Indulgentiarum / Manual of Indulgences*:

O Sacrum Convívium

O sacrum convívium, in quo Christus súmitur; recólitur memória passiónis ejus, mens implétur grátia, et futúráe glóriæ nobis pignus datur.

O sacred banquet, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

Tantum Ergo

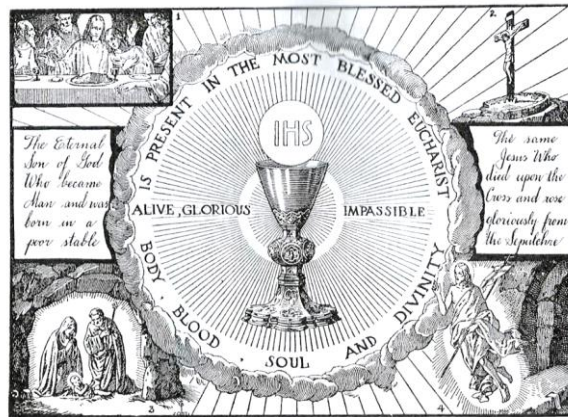
Tantum ergo sacraméntum
venerémur cernui:
et antiquum documéntum
novo cedat ritui:
præstet fides suppleméntum
sénsuum deféctui.
Genitóri Genitóque
laus et jubilátio,
salus, honor, virtus quoque

sit et benedictio:
procedénti ab utròque
compar sit laudátio. Amen.

✠ Panem de cælo præstitisti eis,

✠ Omne delectaméntum in se habéntem.

Orémus. Deus, qui nobis sub sacraménto mirábili Passiónis tuæ memóriam reliquisti: tribue, quæsumus, ita nos Córporis et Sanguinis tui sacra mystéria venerári, ut redemptiónis tuæ fructum in nobis júgiter sentiámus: Qui vivis et regnas in sæcula sæculórum. Amen.



At the Consecration at Mass, the bread and wine are changed into the Body and Blood, Soul and Divinity of our Lord Jesus Christ. This is the Sacrament that Jesus instituted at the Last Supper (1).

In the Blessed Eucharist is the same Person who was born in Bethlehem (3), crucified on Calvary (2), and rose gloriously from the dead on the first Easter morning (4).

Down in adoration falling,
Lo! the sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.
To the everlasting Father,
And the Son Who reigns on high,
With the Holy Spirit proceeding
Forth from each eternally,
Be salvation, honor, blessing,
Might and endless majesty. Amen.

✠ You have given them bread from heaven,

✠ Having all delight within it.

Let us pray. O God, Who in this wonderful Sacrament left us a memorial of Your Passion: grant, we implore You, that we may so venerate the sacred mysteries of Your Body and Blood, as always to be conscious of the fruit of Your Redemption. You Who live and reign forever and ever. Amen.

Monthly Talk at OCLMA Reception Next Sunday

All are invited to attend the talk being given at the monthly reception after the 9:45 AM Mass at the Academy of the Sacred Heart next Sunday, February 15. Paul Schultz, co-founder of Juventútem Michigan, will speak on "Juventútem: Young Adults That Love the Latin Mass". Come and learn about this international phenomenon; our local chapter is one of the most active on the globe. The Oakland County Latin Mass Association is endeavoring to invite additional speakers to future receptions in 2015.

Tridentine Masses This Coming Week

Mon. 02/16 7:00 PM: Low Mass at *St. Josaphat* (Feria)

Tue. 02/17 7:00 PM: Low Mass at *Holy Name of Mary* (Votive Mass of the Angels)

Wed. 02/18 7:00 PM: High Mass at *St. Josaphat* (Ash Wednesday)

Wed. 02/18 7:00 PM: High Mass at *Assumption Grotto* (Ash Wednesday)