The St. Benedict Medal and Its Traditional Blessing

Among the many objects that the faithful bring up to be blessed after Mass, the St. Benedict Medal has been gaining popularity as a devotional. The medal of St. Benedict is known as the “devil-chasing medal” for its power against evil; the text of the blessing from the Traditional Roman Ritual, printed below in English [but always prayed in Latin] contains powerful language against Satan and his works. The below graphic from Catholic News Agency depicts some of the symbols and phrases inscribed on the front and back of the medal and what they mean:

- Our help is in the name of the Lord.
- Who made heaven and earth.

I purge you medals of evil by God ♦ the Father Almighty, Creator of heaven and earth and of the sea and of all that they contain. O every power of the adversary, every cohort and appearance of Satan - get thee out of these medals and fly afar! And may they become for all who will use them a help for body and soul, in the name of the Father ♦ Almighty, in the Name of Jesus ♦ Christ, His Son, our Lord, in the name of the Holy ♦ Spirit, the Paraclete, and in the love of the selfsame Lord Jesus Christ, Who shall come to judge the living and the dead and the world by fire.

- Amen.

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us.

Our Father (inaudibly unill)

- And lead us not into temptation.
- But deliver us from evil.
- Preserve Thy servants.

Let us pray.

Almighty God, lavish Dispenser of every good, we Thy suppliants pray that, by the intercession of St. Benedict, Thou wouldst pour out Thy blessing ♦ on these sacred medals inscribed with letters and symbols appointed by Thee. Let all who will wear them with minds intent on good works deserve to obtain health of body and spirit, the grace of making progress in holiness, as well as the indulgences which have been granted to us. And may they escape by Thy merciful help every onslaught and fraud of the devil, and finally stand before Thee sinless and holy. Through Christ our Lord.

- Amen.

May the blessing of almighty God, Father, Son, ♦ and Holy Spirit come upon these medals and all who wear them, and remain for all time.

- Amen.

[The medals are sprinkled with Holy Water.]

Tridentine Masses This Coming Week

Tue. 10/02 7:00 PM: Low Mass at Holy Name of Mary, Windsor (Holy Guardian Angels)

Fri. 10/05 7:00 PM: High Mass at Old St. Mary’s (St. Placid & Companions, Martyrs) – First Detroit Solemn High Mass of the Franciscans of the Holy Spirit: Celebrant: Fr. Athanasius Fornwalt, FHS; Deacon: Deacon Peter Teresa McConnell, FHS; Subdeacon: Mr. Bill Van Wagner, Diocese of Madison, Wisconsin. Reception after Mass in the parish hall.

Sat. 10/06 8:30 AM: Low Mass at Miles Christi (St. Bruno, Confessor)