

# Tridentine Community News

March 17, 2024 – Passion Sunday

## *A Guide to When to Sit, Stand, and Kneel*

The rules for the posture of the faithful during Mass are not formal rubrics, but are rather considered local custom. Therefore you may see variations in what is practiced, site-to-site, and especially in different dioceses and countries. The below chart turned up on social media and, apart from our customary sitting for the Epistle in a Low Mass, represents the norm at most sites here in metro Detroit and Windsor. Note that you will also see similar instructions in the margins of the ubiquitous Red Missal.

A GUIDE TO WHEN TO SIT, STAND AND KNEEL		
PART OF MASS	HIGH MASS & MISSA CANTATA	LOW MASS
Entrance – The Priest processes in	Stand	Stand or Kneel according to local custom
Before High Mass (“Asperges Me ...”)	Stand	n/a
While Priest vests	Sit	
When Priest returns from vesting	Stand	
Opening prayers of the Mass (“In Nomine Patris ...”)	Kneel	Kneel
Gloria (“Gloria in Excelsis Deo ...”)	Stand. Sit if Priest sits during singing	Kneel
Epistle	Sit	Kneel
Gospel (at “Dominus Vobiscum ...”)	Stand	Stand
Sermon	Sit	Sit
Creed (“Credo in Unum Deum ...”) “Et ... Incarnatus Est” through “Homo Factus Est” Remainder of Creed until after “Oremus”	Stand. Sit if Priest sits during singing	Stand
	Genuflect	Genuflect
	Stand. Sit if Priest sits during singing	Stand
Offertory (bells rung once)	Sit	Sit
Incensing of people	Stand	n/a
After incensing	Sit	
Dialogue before Preface (“Dominus Vobiscum ...”)	Stand	Sit
“Sanctus, Sanctus, Sanctus ...” (bells rung three times)	Kneel	Kneel until Last Gospel
Communion – if receiving Eucharist: Receive on tongue while kneeling. “Amen” is not said by the communicant	Walk to Altar Rail/Sanctuary, kneel and receive Remain kneeling when in pew Do not sit when Communion ends	
	“Dominus Vobiscum ...”	Stand
“Deo Gratias”	Kneel	Kneel
Last Gospel “Et Verbum Caro Factum Est” Remainder of Last Gospel	Stand	Stand
	Genuflect	Genuflect
	Stand until Exit	Stand
Exit of the Priest	Stand	Stand or Kneel according to local custom

Note: When Prayers after Low Mass are said the congregation kneels.

Bodily postures were never comprehensively codified by the rubrics, and these are only offered as a guide to help those attending the extraordinary form of the Roman rite. Depending on local customs different postures from these may be followed, particularly at Low Mass.

1 comment

## *Mass for St. Thomas Aquinas at Rosary Shrine*

This writer experienced an unexpected delight during a visit to London, England last week. On Thursday evening, March 7, the Dominican Rosary Shrine Parish held a special Dominican Rite High Mass for the feast of their patron, St. Thomas Aquinas. Previous editions of this column have made note of the massive size of this church, which incorporates 15 Side Altars that represent the mysteries of the Rosary. What this church sadly lacks, however, is a convenient location. Unlike many of the other

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churches in London which offer the Traditional Mass, the Rosary Shrine is in a relatively remote northern part of the metro area.



Feast of  
St Thomas  
Aquinas

(Old Rite)

THURSDAY 7 MARCH 2024

19.30

Sung Mass in the  
Dominican Rite (Latin)

By kind permission  
of the  
Cardinal Archbishop of Westminster

Celebrant: **Fr Dominic White, O.P.** (Prior)

**Music** (by the Southwell Consort)  
Dominican chant propers  
Ordinary: *Missa Sancta Maria*, Jacob Handl  
Offertory: *Lauda Sten*, Ingegneri  
Communion: *Sacris Selenitis*, Byrd

ST DOMINIC'S - THE ROSARY SHRINE  
SOUTHAMPTON ROAD, LONDON, NW5 4LB



However, that did not deter the faithful from making the trek. The Southwell Consort [pictured], a professional choir of 15-20 voices, provided superlative polyphonic music, as well as Dominican Chant for the Propers. A lovely, musically exuberant experience, not common for an average weekday. A short video snippet of the Mass, including audio of the choir, is available here: <https://www.facebook.com/RosaryShrineUK/videos/796091065889576/>

## *Tridentine Masses This Coming Week*

- Tue. 03/19 6:00 PM: High Mass at *St. John Resort Chapel, Plymouth* (St. Joseph)
- Tue. 03/19 7:00 PM: High Mass at *St. Benedict/Holy Name of Mary, Windsor* (St. Joseph)
- Tue. 03/19 7:00 PM: High Mass at *St. Priscilla, Livonia* (St. Joseph)
- Tue. 03/19: 8:00 AM Low Mass; 12:00 Noon High Mass; 6:00 PM Solemn High Mass at *St. Joseph Shrine* (St. Joseph)
- Sun. 03/24 8:15 AM: High Mass at *OCLMA/Orchard Lake Shrine Chapel* (Palm Sunday) – Starts 45 minutes earlier than usual