## **Tridentine Community News**

April 28, 2024 - Fourth Sunday After Easter

## Four Marian Chants Every Catholic Should Know Part 2 of 2

This week we continue with the second part of chant schola director Will Bloomfield's article, reprinted with Will's permission from the Diocese of Lansing's Facebook page.

When We Should Sing the Seasonal Marian Antiphons:

In short, we should sing the Marian antiphon every night before bed. I recommend singing the Marian antiphon at the conclusion of Compline (Night Prayer), which is the traditional practice.

If you have younger kids, you can easily add the Marian antiphon to the end of your bedtime prayer ritual. In my home, we've been singing the seasonal Marian antiphons as part of our bedtime routine for years. My oldest is now almost sixteen, so I expect he's now heard-and sung-each of the four antiphons over a thousand times; but even my littlest ones can join in the parts they know. And unlike me, my kids will never remember a time when they did not know the Marian antiphons. This is as it should be.

Singing the Marian antiphons with your kids is also an excellent way of living the liturgical year in your home. Your kids will notice the seasonal shifts that occur, such as the recent shift from Easter's Regina Coeli to the after-Pentecost Salve Regina. Over time, you'll begin to internalize these shifts and even to long for the next liturgical season and its antiphon.

Learning the Four Seasonal Marian Antiphons:

Learning the Marian antiphons is easy. It just requires a little repetition; and since you'll be singing them every night, that's not a problem.

Below are four YouTube videos I created, one for each of the Marian antiphons and beginning with the current seasonal Marian antiphon, Salve Regina. Play the seasonal Marian antiphon every night and sing along as able. In the resources below, I've also included links to the chant notation so you can print the music out to aid you while you're learning.

Although Gregorian chant notation looks strange to those accustomed to modern notation, you don't need to be an expert. And these are some of the simplest chants. The videos demonstrate when to pause and where to lengthen notes, and will help you find the right pitches. And many of the notes simply go up or down one note in the scale, so you should catch on quickly. If you're unfamiliar with Latin, the recordings will also assist you in pronunciation. If the pitch of the recordings is too high or too low for your voice, fear not: chant can be sung wherever it's most comfortable for you, so simply adjust your starting pitch up or down as needed.

When it's time to shift to the next antiphon, which will not occur until Advent with the Alma Redemptoris Mater, return here and learn the new chant. After you've learned all four, it will be time to repeat the cycle. If you haven't memorized all four chants by then, you'll likely do so once you repeat the full cycle.

And don't forget, begin tonight!

Salve Regina:

https://www.youtube.com/watch?v=jGrt-Yy2RkY?rel=0

Alma Redemptoris Mater:

https://www.youtube.com/watch?v=asei\_Km7Vns?rel=0

Ave Regina Coelorum:

https://www.youtube.com/watch?v=jt5QrlJgrFA?rel=0

Regina Coeli:

https://www.youtube.com/watch?v=at1JcDx2Lq8?rel=0

## Ireland Pilgrimage with Fr. Marcel Portelli



Once again Saginaw Latin Mass celebrant Fr. Marcel Portelli will be leading a pilgrimage across the Atlantic, this time to Ireland, October 7 - 17, 2024. A brief description:

Fr. Marcel Portelli invites you to join him on a memorable pilgrimage through the heart of Ireland, the "island of saints and scholars." This October, travel to St. Patrick's Purgatory and pray at his tomb. Visit majestic Kylemore Abbey Castle, Holy Cross Abbey and the imposing Rock of Cashel. Journey to Croagh Patrick, Ireland's iconic holy mountain and seek blessings at St. Brigid's healing shrine. Pray at St. Kenneth Cathedral and Our Lady of Knock Shrine. In Dublin, visit Trinity College to view the illuminated Book of Kells and St. Mary's Pro-Cathedral. Detroit departure. Full info: https://bit.ly/3HH1gTV or (989) 426-7154.

## Tridentine Masses This Coming Week

<u>Fri. 05/03 7:00 PM:</u> High Mass at *Old St. Mary's* (Ss. Alexander & Companions, Martyrs) – Celebrant: Fr. John McKenzie. Confessions before Mass. Reception follows in the Parish Center.

Comments? Ideas for a future column? Please e-mail info@windsorlatinmass.org. Previous columns are available at www.windsorlatinmass.org.