

# Tridentine Community News

June 28, 2026 – Fifth Sunday After Pentecost

## *The Holy Rosary: A Treasury of Traditional Catholic Devotion*

By James Murphy

The Holy Rosary is one of the most beloved and powerful devotions in the Catholic Church. The Blessed Virgin Mary gave the Rosary to St. Dominic in the early thirteenth century as a weapon against heresy and a means of sanctifying souls through meditation on the life of Jesus Christ.

The Rosary developed from the ancient practice of reciting 150 Psalms. Since many of the faithful could not read, they substituted 150 Hail Marys for the Psalms, divided into fifteen groups of ten prayers called decades. Each decade was accompanied by meditation on a mystery from the lives of Our Lord and His Blessed Mother. Thus, the traditional Rosary consists of 15 decades, corresponding to the 150 Psalms of the Psalter.

The fifteen mysteries are divided into three sets:

### **The Joyful Mysteries**

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of the Child Jesus in the Temple

### **The Sorrowful Mysteries**

6. The Agony in the Garden
7. The Scourging at the Pillar
8. The Crowning with Thorns
9. The Carrying of the Cross
10. The Crucifixion

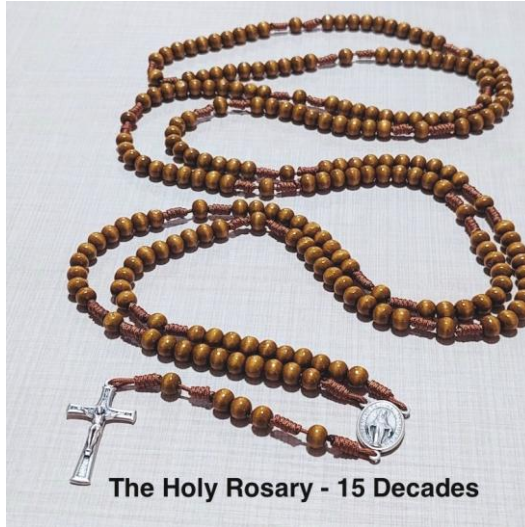
### **The Glorious Mysteries**

11. The Resurrection
12. The Ascension
13. The Descent of the Holy Ghost
14. The Assumption of the Blessed Virgin Mary
15. The Coronation of Mary as Queen of Heaven and Earth

For centuries, Catholics commonly prayed all fifteen decades, especially on Sundays, feast days, and during times of penance or special need. However, because praying all fifteen decades requires considerable time, a custom developed of praying only one set of five mysteries at a time. This shortened form became widespread and was encouraged as a practical way for the faithful to pray the Rosary daily. Thus arose the common practice of praying five decades, which is one-third of the complete traditional Rosary.

Comments? Ideas for a future column? Please e-mail [info@windsorlatinmass.org](mailto:info@windsorlatinmass.org). Previous columns are available at [www.windsorlatinmass.org](http://www.windsorlatinmass.org).

From a traditional Catholic perspective, the fifteen-decade Rosary remains the complete Rosary handed down through the centuries and enriched by numerous papal endorsements and indulgences. Whether prayed in its entirety or in five-decade portions, the Rosary leads souls to contemplate the mysteries of Christ through the eyes of His Mother. As many saints have taught, it is a powerful means of obtaining grace, growing in virtue, and drawing closer to God.

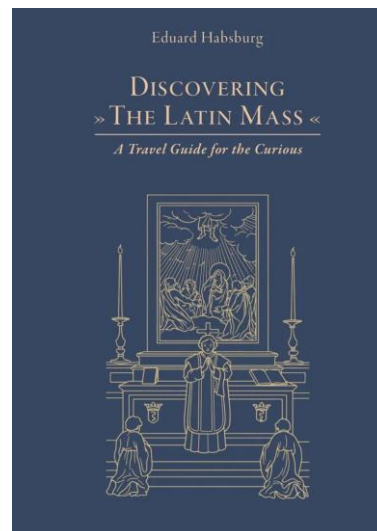


As Pope St. Pius V taught after the victory of Lepanto, and as countless saints have affirmed, the Rosary remains a spiritual weapon, a school of prayer, and a path to holiness for all who pray it with faith and devotion.

*Editor's note:* Praying the Rosary in a church, in a family, or in a group is enriched with a Plenary Indulgence, under the usual conditions of Confession within 20 days, reception of Holy Communion once per Plenary Indulgence

sought, prayer for the Holy Father's intentions, and freedom from attachment to sin.

### *New Intro Book to the Traditional Mass*



Users of X have likely encountered the posts of Archduke Eduard Habsburg. Descendant of Hungary's former ruling Hapsburg family and Hungary's recently retired Ambassador to the Holy See, Eduard is an enthusiastic promoter of Catholic Tradition and has just published a short book intended to provide a brief introduction to the Traditional Latin Mass for those new to it. Entitled *Discovering the Latin Mass: A Travel Guide for the Curious*, up to five copies of

the book are available for the cost of shipping only (\$6.99 for the set of five) from Sophia Institute Press at:

<https://sophiainstitute.com/promo/discovering-the-latin-mass/>

### *Tridentine Masses This Coming Week*

**Tue. 06/30 7:00 PM:** Low Mass at *St. Benedict/Holy Name of Mary, Windsor* (Commemoration of St. Paul, Apostle)

**Wed. 07/01 7:00 PM:** Mass at *St. Thomas the Apostle, Ann Arbor* (Most Precious Blood of Jesus)